THE DEPARTMENT OF HUMAN RELATIONS
HR Courses for the LPC (Revised February, 2014)

The following list contains Human Relations courses which are approved for LPC categories.

Keep all syllabi: You may be asked to provide them to the licensing office when you apply.

Note that some courses are listed in more than one category. Each course may be used only once.

* Indicates the course is the approved choice to fulfill the core LPC requirement—it provides a broad foundation for the area. Any other course listed in the same area may be used as an elective ONLY.

LPC CORE COURSES

A. Human Growth and Development (1 course)
   HR 5403  Psychosocial Development* - Required
   HR 5100  Grief, Death, and Dying
   HR 5100  Issues of Aging
   HR 5100  Human Sexuality
   HR 5110  Developmental Art Therapy
   HR 5110  Developmental Theory
   HR 5110  Developmental Theory and Character Styles
   HR 5110  Journey of Adulthood
   HR 5113  Adult Development and Learning
   HR 5153  Human Emotions
   HR 5443  Adolescent Issues

B. Abnormal Human Behavior (1 course)
   HR 5483  Diagnosis in Human Relations Counseling* - Required
   HR 5100  Gangs, Drugs, and Violence
   HR 5100  Personality Disorders
   HR 5100  Post Traumatic Stress Disorder
   HR 5100  Diagnosis and Assessment in Art Therapy
   HR 5110 or HR 5733  Juvenile Justice and Delinquency Prevention
   HR 5110  Violence Against Women
   HR 5110 or HR 5743  Violence Against Women and Children
   HR 5113  Child Abuse and Neglect
   HR 5113  Child and Adolescent Sexual Abuse
   HR 5113  Codependence
   HR 5113  Addictive and Related Disorders
   HR 5573  Personality and Personality Disorders
C. **Appraisal and Assessment  (2 courses)**

HR 5493  Assessment and Evaluation* - Required
Select One From Below:
HR 5100  Family Assessment
HR 5100  Diagnosis and Assessment in Art Therapy
HR 5100  Marriage and Family Assessment
HR 5110  Family Assessment and Intervention
HR 5483  Diagnosis in Human Relations Counseling
HR 5553  Marital and Family Assessment

D. **Counseling Theories/Methods  (2 courses)**

HR 5003  Theoretical Foundations of Human Relations* - Required
HR 5463  Counseling Skills* - Required
HR 5100  Advanced Counseling Skills
HR 5100 or HR 5533  Counseling Approaches in HR
HR 5100  Countertransference Applications
HR 5100  Cross-Cultural Counseling
HR 5100  Issue in Psychotherapy
HR 5100  Psychiatric Rehabilitation
HR 5100  Special Topics in Art Therapy
HR 5110  Conflict Resolution
HR 5110 or HR 5543  Counseling Diverse Populations
HR 5110  Helping Relationships
HR 5110  Solution-Focused Brief Therapy
HR 5110  Theoretical Approaches in Art Therapy
HR 5110  Narrative Therapies
HR 5110  Techniques of Art Therapy
HR 5113  Applications of Art Therapy
HR 5113  Foundations of Art Therapy
HR 5113  Narrative Metaphor in Counseling
HR 5113  Play Therapy
HR 5113  Treatment Strategies
HR 5113  Multicultural Counseling
HR 5163  Nonverbal Behavior
HR 5473  Women and Mental Health
HR 5503  Narrative Metaphor
HR 5543  Conflict Resolution
HR 5583  Social Justice Counseling
HR 5960  Counseling Theories in HR
HR 5960  Conflict Resolution
### E. Professional Orientation/Ethics  (1 course)

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<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>HR 5453</td>
<td>Ethical Issues in Human Relations Counseling* - Required</td>
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<tr>
<td>HR 5100</td>
<td>Ethical Issues in Human Relations</td>
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<tr>
<td>HR 5100</td>
<td>Professional and Ethical Issues in Art Therapy</td>
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<td>HR 5113</td>
<td>Professional Orientation to Counseling</td>
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<tr>
<td>HR 5113</td>
<td>Problems of Professional Helpers</td>
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<td>HR 5113</td>
<td>Professional Orientation to Counseling</td>
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<td>HR 5960</td>
<td>Case Studies in Ethics</td>
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### F. Research  (1 course)

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<tr>
<td>HR 5023</td>
<td>Research (Methods) in Human Relations* - Required</td>
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### G. Practicum/Internship  (at least 1 course equaling at least 300 clock hours in counseling setting)

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<th>Course Code</th>
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<tr>
<td>HR 5200</td>
<td>Internship in Human Relations (if in counseling)* - Required</td>
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<tr>
<td>HR 4113</td>
<td>Practicum in Human Relations (if for graduate credit and if in counseling)</td>
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### LPC ELECTIVE COURSES

### H. Group Dynamics

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<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>HR 5083</td>
<td>Group Dynamics</td>
</tr>
<tr>
<td>HR 5113</td>
<td>Group Art Therapy</td>
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<tr>
<td>HR 5433</td>
<td>Group Counseling</td>
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### I. Life Style and Career Development

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<th>Course Code</th>
<th>Course Title</th>
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<tr>
<td>HR 5110</td>
<td>Career Counseling* - Required</td>
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<tr>
<td>HR 5110</td>
<td>Career Counseling: Organizational and Individual Approaches</td>
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<tr>
<td>HR 5113</td>
<td>Stress Management</td>
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<td>HR 5113</td>
<td>Work Life Integration</td>
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### J. Social and Cultural Foundations

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<th>Course Code</th>
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<tr>
<td>HR 5013</td>
<td>Current Problems in Human Relations* - Required</td>
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<td>HR 5093</td>
<td>Intro to Graduate Studies in Human Relations* - Required</td>
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<tr>
<td>HR 5053</td>
<td>Racial Diversity in Organizations</td>
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<tr>
<td>HR 5100</td>
<td>The Arts, Media, and Culture in Human Relations</td>
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<td>HR 5100</td>
<td>HR Issues and the Media</td>
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<td>HR 5110</td>
<td>Violence Against Women</td>
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<td>HR 5110 or HR 5713</td>
<td>Women, Work, and Family</td>
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<td>HR 5110</td>
<td>Women’s Studies in Human Relations</td>
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<tr>
<td>HR 5113</td>
<td>AIDS and Substance Abuse</td>
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<td>HR 5113</td>
<td>Cultural Diversity</td>
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<td>HR 5113</td>
<td>Intercultural Human Relations</td>
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<td>HR 5113</td>
<td>Multicultural Issues in Human Relations</td>
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<tr>
<td>HR 5113 or HR 5723</td>
<td>Sexism and Homophobia</td>
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<tr>
<td>HR 5113</td>
<td>Spirituality and Human Relations</td>
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</table>
HR 5113  Transcultural Human Relations
HR 5113  Undoing Racism
HR 5120  Contemporary Feminist Thought
HR 5473  Women and Mental Health
HR 5960  Cultural Diversity
HR 5960  Spirituality and Counseling
HR 5970/5113  Relational-Cultural Therapy

K.  Personality Theories
HR 5110  Developmental Theory and Character Styles
HR 5573  Personality and Personality Disorders

L.  Crisis Intervention
HR 5960  Crisis Intervention

M.  Marriage/Family Counseling
HR 5100  Domestic Violence
HR 5100  Couples Therapy: Psychodynamic Perspectives
HR 5100  Family and Marriage Assessment
HR 5100 or HR 5513  Marriage and Family Therapy
HR 5100  Family Assessment
HR 5100  Family Counseling
HR 5100  Family Intervention
HR 5100 or HR 5423  Family Systems and Family Reconstruction
HR 5100  Family Systems Theories
HR 5100  Family Assessment and Intervention
HR 5100  Domestic Violence and the Justice System
HR 5113  Women, Work, and Family
HR 5113  Working with Divorcing Families
HR 5523  Counseling Children, Adolescents, and Families
HR 5553  Marital and Family Assessment
HR 5960  Divorce and Custody Issues

N.  Addictions Counseling
HR 5100  Gangs, Drugs, and Violence
HR 5100  The Twelve-Step Recovery Program
HR 5110  Understanding Addictions
HR 5110  Recovery from Addiction
HR 5113  Addictive and Related Disorders
HR 5113  AIDS and Substance Abuse
HR 5113  Codependence
HR 5413  Chemical Dependency
HR 5960  Chemical Dependency

O.  Rehabilitation Counseling
HR 5100  Psychosocial Aspects of Disability
P. **Gerontology**  
HR 5100  Issues in Aging

Q. **Human Sexuality**  
HR 5100  Human Sexuality

R. **Counseling with Children and Adolescents**  
HR 5100  Counseling with Children  
HR 5100  Counseling with Children and Adolescents  
HR 5113  Play Therapy  
HR 5443  Adolescent Issues  
HR 5523  Counseling with Children, Adolescents, and Families

S. **Clinical Supervision**

T. **Psychopharmacology**

U. **Consultation**

V. **Physical and Emotional Health**  
HR 5153  Human Emotions  
HR 5970  Positive Psychology

W. **Specialty Areas When Established** (none established)

**Note:** The BBHL will no longer accept any directed reading courses. Directed reading courses will not count toward your 60 hours of LPC academic requirements.