

THE DEPARTMENT OF HUMAN RELATIONS
HR Courses for the LPC
State Board of Behavioral Health Licensure (BBHL)-Approved My 29, 2015

The following list contains Human Relations courses that are approved for LPC categories.

Keep **all syllabi** as you may be asked to provide them to the licensing office when you apply.

Note that some courses are listed in more than one category. Each course may be used only once for each category.

LPC CORE COURSES

Key:

* Indicates that the course is STRONGLY RECOMMENDED to fulfill the core LPC requirements and best prepare you for the National Counselor Exam (NCE)—they provide a broad foundation for the area. Any other course listed in the same area should be used as an elective ONLY.

** Indicates that the course is REQUIRED to fulfill the core LPC requirements after 2018. These courses are also STRONGLY RECOMMENDED from now until 2018.

A. Human Growth and Development (1 course)

HR 5403 Psychosocial Development--Required after 2018**

HR 5100 Grief, Death, and Dying
HR 5100 Issues of Aging
HR 5100 Human Sexuality
HR 5110 Developmental Art Therapy
HR 5110 Developmental Theory
HR 5110 Developmental Theory and Character Styles
HR 5110 Journey of Adulthood
HR 5113 Adult Development and learning
HR 5153 Human Emotions
HR 5443 Adolescent Issues

B. Abnormal Human Behavior (1 course)

HR 5663 Psychopathology--Required after 2018**

HR 5483 Diagnosis in HR Counseling*--Strongly Recommended

HR 5100 Gangs, Drugs, and Violence
HR 5100 Personality Disorders
HR 5100 or 5623 Post Traumatic Stress Disorder
HR 5100 Diagnosis and Assessment in Art Therapy
HR 5110 or HR 5733 Juvenile Justice and Delinquency Prevention
HR 5110 Violence Against Women
HR 5110 or HR 5743 Violence Against Women and Children
HR 5113 Child Abuse and Neglect
HR 5113 Child and Adolescent Sexual Abuse

HR 5113 Codependence
HR 5113 Addictive and Related Disorders
HR 5573 Personality and Personality Disorders

C. Appraisal and Assessment (2 courses)

HR 5493 Assessment and Evaluation--Required after 2018**

HR 5483 Diagnosis in Human Relations Counseling--Required after 2018**

Select One From Below:

HR 5100 or 5553 Marital and Family Assessment (Accepted as Elective after 2018)

HR 5100 Family Assessment

HR 5110 Family Assessment and Intervention

D. Counseling Theories/Methods (2 courses)

HR 5003 Theoretical Foundations of Human Relations--Required after 2018**

HR 5633 Advanced Counseling Skills--Required after 2018**

Other acceptable courses:

HR 5463 Counseling Skills*--Strongly Recommended (Accepted as Elective after 2018)

HR 5100 or HR 5533 Counseling Approaches in HR (Accepted as Elective after 2018)

HR 5100 Countertransference Applications

HR 5100 Cross-Cultural Counseling

HR 5100 Issue in Psychotherapy

HR 5100 Psychiatric Rehabilitation

HR 5100 Special Topics In Art Therapy

HR 5110 or HR 5543 Counseling Diverse Populations

HR 5110 Helping Relationships

HR 5110 Solution-Focused Brief Therapy

HR 5110 Theoretical Approaches in Art Therapy

HR 5110 Narrative Therapies

HR 5110 Techniques of Art Therapy

HR 5113 Applications of Art Therapy

HR 5113 Foundations of Art Therapy

HR 5113 Play Therapy

HR 5113 Treatment Strategies

HR 5113 Multicultural Counseling

HR 5163 Nonverbal Behavior

HR 5473 Women and Mental Health

HR 5113 or 5503 Narrative Metaphor in Counseling

HR 5110, 5343, or 5960 Conflict Resolution

HR 5583 Social Justice Counseling

HR 5960 Counseling Theories in HR

E. Professional Orientation/Ethics (1 course)

HR 5453 Ethical Issues In Human Relations Counseling--Required after 2018**

HR 5100 Professional and Ethical Issues in Art Therapy

HR 5100 Ethical Issues in Human Relations

HR 5113 Problems of Professional Helpers

HR 5113 Professional Orientation to Counseling
HR 5960 Case Studies in Ethics

F. Research (1 course)

HR 5023 Research Methods In Human Relations--Required after 2018**

G. Practicum/Internship (at least 1 course equaling at least 300 clock hours In counseling setting)

HR 5200 Internship In Human Relations (if in counseling)Required after 2018**

HR 4113 Practicum In Human Relations (if for graduate credit and if In counseling)

LPC ELECTIVE COURSES—at least 5 courses of at least 3 semester hours each (total at least 15 semester hours)

Key:

Boldface courses are STRONGLY RECOMMENDED to prepare you for the LPC and NCE. Furthermore, these courses are the ONLY accepted courses for the LPC after 2018.

H. Group Dynamics

HR 5433 Group Counseling

HR 5083 Group Dynamics

HR 5113 Group Art Therapy

I. Life Style and career Development

HR 5110 or 5563 Career Counseling

HR 5110 Career Counseling: Organizational and Individual Approaches

HR 5113 Stress Management

HR 5113 Work Life Integration

J. Social and Cultural Foundations

HR 5013 Current Problems In Human Relations

HR 5543 Counseling Diverse Populations

HR 5593 Multicultural Counseling

HR 5093 Intro to Graduate Studies In Human Relations

HR 5053 Racial Diversity in Organizations

HR 5100 The Arts, Media, and Culture in Human Relations

HR 5100 HR Issues and the Media

HR 5110 Violence Against Women

HR 5110 or HR 5713 Women, Work, and Family

HR 5110 Women's Studies in Human Relations

HR 5113 AIDS and Substance Abuse

HR 5113 Cultural Diversity

HR 5113 Intercultural Human Relations

HR 5113 Multicultural Issues in Human Relations

HR 5113 or HR 5723 Sexism and Homophobia
HR 5113 Spirituality and Human Relations
HR 5113 Transcultural Human Relations
HR 5113 Undoing Racism
HR 5120 Contemporary Feminist Thought
HR 5473 Women and Mental Health
HR 5960 Cultural Diversity
HR 5960 Spirituality and Counseling
HR 5970/5113 Relational-Cultural Therapy

K. Personality Theories

HR 5573 Personality and Personality Disorders
HR 5110 Developmental Theory and Character Styles

L. Crisis Intervention

HR 5110 or 5960 or 5643 Crisis Intervention
HR 5623 Post Traumatic Stress Disorder

M. Marriage/Family Counseling

HR 5100 or 5513 Marriage and Family Therapy
HR 5100 or 5423 Family Systems and Family Reconstruction
HR 5683 Working with Divorced Families
HR 5100 Domestic Violence
HR 5100 Couples Therapy: Psychodynamic Perspectives
HR 5100 Family and Marriage Assessment
HR 5100 Family Assessment
HR 5100 Family Counseling
HR 5100 Family Intervention
HR 5100 Family Systems Theories
HR 5100 Family Assessment and Intervention
HR 5100 Domestic Violence and the Justice System
HR 5113 Women, Work, and Family
HR 5113 Working with Divorcing Families
HR 5523 Counseling Children, Adolescents, and Families
HR 5553 Marital and Family Assessment
HR 5960 Divorce and Custody Issues

N. Addictions Counseling

HR 5960 or 5413 Chemical Dependency
HR 5100 Gangs, Drugs, and Violence
HR 5100 The Twelve-Step Recovery Program
HR 5110 Understanding Addictions
HR 5110 Recovery from Addiction
HR 5113 Addictive and Related Disorders
HR 5113 AIDS and Substance Abuse
HR 5113 Codependence

O. Rehabilitation Counseling

HR 5100 Psychosocial Aspects of Disability

P. Gerontology

HR 5693 Issues in Aging

Q. Human Sexuality

HR 5763 Human Sexuality

R. Counseling with Children and Adolescents

HR 5523 Counseling with Children, Adolescents, and Families

HR 5603 Play Therapy with Children

HR 5743 Violence Against Women and Children

HR 5100 Counseling with Children

HR 5100 Counseling with Children and Adolescents

HR 5443 Adolescent Issues

S. Clinical Supervision

HR 5673 LPC Clinical Supervision

T. Psychopharmacology

N/A

U. Consultation

N/A

V. Physical and Emotional Health

HR 5153 Human Emotions

HR 5473 Women and Mental Health

HR 5970 Positive Psychology

W. Specialty Areas When Established (none established)

HR 5653 Grief, Death, and Dying

ADDITIONAL COURSES: The remaining courses, needed to meet the 60 graduate-hour minimum requirements, shall be in any of the academic areas.

Appraisal/Assessment Techniques:

HR	5553	Marital and Family Assessment
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Counseling Theories/Methods:

HR	5533	Counseling Approaches in HR
HR	5463	Counseling Skills

V. Physical & Emotional Health:

HR	5473	Women and Mental Health
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